



# Nebraska Go NAPSACC | 2022 Impact Report

Improving the Quality of Early Care & Education (ECE) Programs Across Nebraska

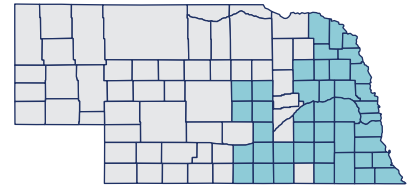
## Go NAPSACC Elevates Quality with Workforce Development in 2022



Trained 93 ECE professionals in 66 child care centers and homes that provide care for ~2,800 children



2 in-person and 3 live virtual trainings across Nebraska



24 Go NAPSACC Trainers  
Trainers cover 66 of the 93 counties, but all counties are covered through virtual training and technical assistance.

## Building Positive Partnerships - Results in Best Practices

74 Pre-Assessments  
Completed on Go NAPSACC Website

50 Child Care Centers

92% Step Up to Quality Participants

24 Family Child Care Homes

83% Step Up to Quality Participants

72 Post-Assessments\*  
Completed on Go NAPSACC Website

46 Child Care Centers

89% Step Up to Quality Participants

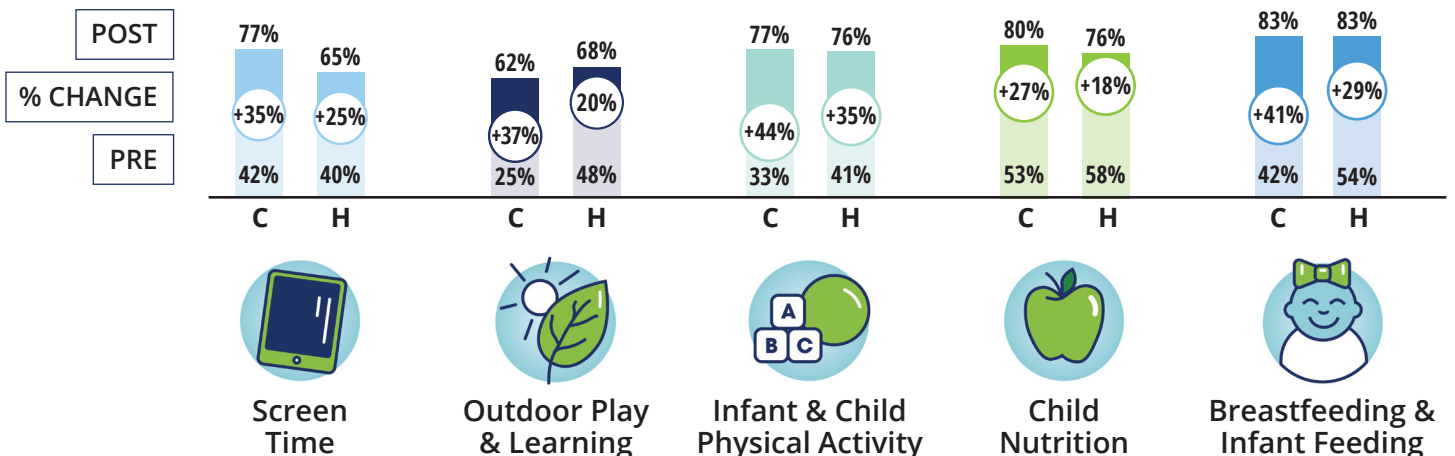
26 Family Child Care Homes

96% Step Up to Quality Participants

\*Includes all Post-Assessments (46 Initial Posts and 26 Post #2 & 3)

## Brain Development & School Readiness Driven Through Go NAPSACC Best Practices (n=46)

C = Child Care Centers (n=30) | H = Child Care Homes (n=16)



## Program Testimonials from Early Care & Education Professionals

“I will be honest, I am scared of the whole breastfeeding topic. I only work with 4 and 5 year olds and I never breastfed my own kids. But I learned so much about breastmilk and breastfeeding – I didn’t even realize. It’s so cool how breastmilk changes with baby’s growth. I wish I would have had this information before I had kids.”  
Nebraska Preschool Teacher

The resources and support from our Go NAPSACC trainer have been so valuable. We have a strong relationship, and I know who to go to for nutrition and physical activity guidance and ideas.”  
Child Care Center Director, Lincoln

“From education on breastfeeding to getting these babies outdoors more. It has truly impacted our childcare setting for the better and we appreciate it so much!”  
Child Care Center Director,  
Hastings

“The thing I found most helpful was implementing family style practices during mealtimes. I was always nervous about family style before Go NAPSACC, but now I would never go back. I have seen a growth in the kids and it is just amazing. Besides serving their own food, they also pour their own milk from a child size pitcher. It has been a great experience for us all.”  
Family Child Care Home Owner, Fullerton

“Go NAPSACC has helped our center become a stronger team because it has helped educate the staff and parents on the importance of Nutrition and Physical Activity and the impact it has on children. Our center has improved the quality care given because we are using the best practices by following the Go NAPSACC resources and materials. We are excited to continue improving the care we give the children in our facility with the help of Step Up to Quality.”  
Child Care Center Director, Gering

## Partnering Organizations Collaborating to Support Healthy Young Children



Go NAPSACC (Nutrition and Physical Activity Self-Assessment for Child Care) is an evidence-based program for improving the health of young children through better nutrition and physical activity in ECE programs.